

**PRODUZIONE SCIENTIFICA E PUBBLICAZIONI SULLA TERAPIA EMDR NELL'AMBITO
DELL'ASSOCIAZIONE EMDR ITALIA**

2019

Ostacoli L, Bertino G, Negro M, Carletto S, Lubner M. EMDR Protocol for PTSD in Patients Affected by Multiple Sclerosis. In Lubner M (Eds). Eye Movement Desensitization and Reprocessing (EMDR) Therapy Scripted Protocols and Summary Sheets. Treating Trauma in Somatic and Medical Related Conditions. New York, NY: Springer Publishing Co. 2019: 291-348

Carletto S, Porcaro C, Settanta C, Vizzari V, Stanizzo MR, Oliva F, Torta R, Fernandez I, Coletti Moja M, Pagani M, Ostacoli L. Neurobiological features and response to eye movement desensitization and reprocessing treatment of posttraumatic stress disorder in patients with breast cancer. *Eur J Psychotraumatol* 2019; 10(1):1600832. doi: 10.1080/20008198.2019.1600832.

Malandrone F, Carletto S, Hase M, Hofmann A, Ostacoli L. Brief Narrative Summary of Randomized Controlled Trials Investigating EMDR Treatment of Patients With Depression. *Journal of EMDR Practice and Research* 2019; 13(4):302-306

Corsetti MT, Rossi E, Bonvino S, Randazzo P. Psychological distress and quality of life are improved in autoimmune patients through Tandem-Psychotherapy, combining individual hypnosis and eye movement desensitization and reprocessing (EMDR) treatment for trauma, followed by supportive-expressive group therapy. *Clin Rheumatol* 2019; Dec 19. doi: 10.1007/s10067-019-04862-1.

Chiorino V, Cattaneo MC, Macchi EA, Salerno R, Roveraro S, Bertolucci GG, Mosca F, Fumagalli M, Cortinovis I, Carletto S, Fernandez I. The EMDR Recent Birth Trauma Protocol: a pilot randomised clinical trial after traumatic childbirth. *Psychol Health* 2019; Dec 5:1-16. doi: 10.1080/08870446.2019.1699088.

Castelnuovo G, Fernandez I, Amann BL. Editorial: Present and Future of EMDR in Clinical Psychology and Psychotherapy. *Frontiers in Psychology – Psychology for Clinical Settings* September 2019 | Volume 10 | Article 2185. doi:10.3389/fpsyg.2019.02185

Guido CA, Zicari AM, Duse M, Spalice A. Eye movement desensitisation and reprocessing (EMDR) treatment associated with parent management training (PMT) for the acute symptoms in a patient with PANDAS syndrome: a case report. *Ital JPediatr* 2019; 45(1):74. doi: 10.1186/s13052-019-0667-1

Santarnecchi E, Bossini L, Vatti G, Fagiolini A, La Porta P, Di Lorenzo G, Siracusano A, Rossi S, Rossi A. Psychological and Brain Connectivity Changes Following Trauma-Focused CBT and EMDR Treatment in Single-Episode PTSD Patients. *Frontiers in Psychology – Psychology for Clinical Settings* February 2019 | Volume 10 | Article 129. doi: 10.3389/fpsyg.2019.00129

Minelli A, Zampieri E, Sacco C, Bazzanella R, Mezzetti N, Tessari E, Barlati S, Bortolomasi M. Clinical efficacy of trauma-focused psychotherapies in treatment-resistant depression (TRD) in-patients: A randomized, controlled pilot-study. *Psychiatry Res* 2019; 273: 567-574

Pagani M, Carletto S, Ostacoli L. PET and SPECT in psychiatry: the past and the future. *European Journal of Nuclear Medicine Molecular Imaging* 2019; 46:1985-1987

Perilli S, Giuliani A, Pagani M, Mazzoni GP, Maslovarich G, Maccarone B, Mahasneh VH, Morales DP. EMDR Group Treatment of Children Refugees—A Field Study. *Journal of EMDR Practice and Research* 2019; 13(2): 143-156

Settanta C, Giovinazzo L, Carletto S, Pagani M. I correlati neurobiologici dell'efficacia clinica e dei meccanismi di azione della terapia EMDR. In Pagani M, Carletto S (Eds). *Il Cervello che cambia - Neuroimaging: il contributo alle neuroscienze*. Milano-Udine. MIMESIS/Clinica del trauma e della dissociazione. 2019: 97-126

Pagani M, Sani L. Neurobiological Foundations of EMDR Therapy. In Luber, Marilyn, ed. *Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols and Summary Sheets: Treating Trauma in Somatic and Medical Related Conditions*, New York: Springer Publishing Company, 2019; Preface XXIII- XXVI

Pagani M, Sani L. Neurobiological Foundations of EMDR Therapy. In Luber, Marilyn, ed. *Eye Movement Desensitization and Reprocessing (EMDR) Therapy - Scripted Protocols and Summary Sheets: Eating Disorders, Chronic Pain and Maladaptive Self-Care Behaviors*, New York: Springer Publishing Company, 2019; Preface XXV-XXVIII

2018

Carletto S, Oliva F., Barnato M, Antonelli T, Cardia A, Mazzaferro P, Raho C, Ostacoli L, Fernandez I, Pagani M. EMDR as Add-On Treatment for Psychiatric and Traumatic Symptoms in Patients with Substance Use Disorder. *Frontiers of Psychology – Psychology for Clinical Settings* January 2018 | Volume 8 | Article 2333. doi: 10.3389/fpsyg.2017.02333

Saltini A, Rebecchi D, Callerame C, Fernandez I, Bergonzini E, Starace F. Early Eye Movement Desensitization and Reprocessing (EMDR) intervention in a disaster mental health care context. *Psychol Health Med* 2018; 23(3): 285-294

Fernandez I. La terapia EMDR. In Michelin P (Eds). *Interventi strutturati brevi in psicologia clinica. Ansia: Diagnosi e trattamento dei suoi disturbi*. Pag. 67-88 Domeneghini Editore. 2018

Passoni S, Curinga T, Toraldo A, Berlingeri M, Fernandez I, Bottini G. Eye Movement Desensitization and Reprocessing Integrative Group Treatment Protocol (EMDR-IGTP) Applied to Caregivers of Patients With Dementia. *Frontiers in Psychology – Psychology for Clinical Settings* June 2018 | Volume 9 | Article 967. doi.org/10.3389/fpsyg.2018.00967

Pagani M, Castelnuovo G, Daverio A, La Porta P, Monaco L, Ferrentino F, Chiaravalloti A, Fernandez I, Di Lorenzo G. Metabolic and Electrophysiological Changes Associated to Clinical Improvement in Two Severely Traumatized Subjects Treated With EMDR—A Pilot Study. *Frontiers in Psychology – Psychology for Clinical Settings* April 2018 | Volume 9 | Article 475. doi.org/10.3389/fpsyg.2018.00475

Ostacoli L, Carletto S, Cavallo M, Baldomir Gago P, Di Lorenzo G, Fernandez I, Hase M, Justo Alonso A, Lehnung M, Migliaretti G, Oliva F, Pagani M, Recarey Eiris S, Torta R, Tumani V, Gonzalez Vazquez A, Hofmann A. Comparison of Eye Movement Desensitization Reprocessing and Cognitive Behavioral Therapy as Adjunctive Treatments for Recurrent Depression: The European Depression EMDR Network (EDEN) A Randomized Controlled Trial. *Frontiers in Psychology – Psychology for Clinical Settings* February 2018 | Volume 9 | Article 74 doi:10.3389/fpsyg.2018.00074

Trentini C, Lauriola M, Giuliani A, Maslovaric G, Tambelli R, Fernandez I, Pagani M. Dealing with the Aftermath of Mass Disasters: A Field Study on the Application of EMDR Integrative Group Treatment Protocol With Child Survivors of the 2016 Italy Earthquakes. *Frontiers in Psychology – Psychology for Clinical Settings* June 2018 | Volume 9 | Article 862. doi.org/10.3389/fpsyg.2018.00862

Gonzalez Vazquez A, Rodriguez-Lago L, Seoane Pillado MT, Fernandez I, Garcia Guerrero F, Santed German MA. The Progressive Approach to EMDR Group Therapy for Complex Trauma and Dissociation: A Case-Control Study. *Frontiers in Psychology – Psychology for Clinical Settings* February 2018 | Volume 8 | Article 2377. doi.org/10.3389/fpsyg.2017.02377

Hase M, Plagge J, Hase A, Braas R, Ostacoli L, Hofmann A, Huchzermeier C. Eye Movement Desensitization and Reprocessing Versus Treatment as Usual in the Treatment of Depression: A Randomized-Controlled Trial. *Frontiers in Psychology – Psychology for Clinical Settings* August 2018 | Volume 9 | Article 1384. doi: 10.3389/fpsyg.2018.01384

Landin-Romero R, Moreno-Alcazar A, Pagani M, Amann BL. How Does Eye Movement Desensitization and Reprocessing Therapy Work? A Systematic Review on Suggested Mechanisms of Action. *Frontiers in Psychology – Psychology for Clinical Settings* August 2018 | Volume 9 | Article 1395. doi:10.3389/fpsyg.2018.01395.

Perna G, Sangiorgio E, Grassi M, Caldirola D. Commentary: Cognitive Behavioral Therapy vs. Eye Movement Desensitization and Reprocessing for Treating Panic Disorder: A Randomized Controlled Trial. *Frontiers in Psychology – Psychology for Clinical Settings* June 2018 | Volume 9 | Article 1061. doi: 10.3389/fpsyg.2018.01061

Purgato M, Gastaldon C, Papola D, van Ommeren M, Barbui C, Tol WA. Psychological therapies for the treatment of mental disorders in low- and middle-income countries affected by humanitarian crises. *Cochrane Database Systematic Review* 2018; 7:CD011849. doi:10.1002/14651858.CD011849

Carletto S, Pagani M. Impact neurobiologique de l'EMDR dans le cancer. *Journal of EMDR Practice and Research* 2018; 12(2): 21-30. doi: 10.1891/1933-3196.12.2.E21

2017

Zaccagnino M, Civilotti C, Cussino M, Callerame C, Fernandez I. Eating Disorders - A Paradigm of the Biopsychosocial Model of Illness. EMDR in Anorexia Nervosa: From a Theoretical Framework to the Treatment Guidelines. In Ignacio Jauregui-Lobera (Eds). *Eating Disorders - A Paradigm of the Biopsychosocial Model of Illness*. Rijeka, Croatia. InTech 2017: 195-213

Bossini I, Santarnecki E, Casolaro I, Koukouna D, Caterini C, Cecchini F, Fortini V, Vatti G, Marino D, Fernandez I, Sorri A, Fagiolini A. Morphovolumetric changes after EMDR treatment in drug-naïve PTSD patients. *Rivista di Psichiatria* 2017; 52(1): 24-31

Carletto S, Ostacoli L, Colombi N, Calorio L, Oliva F, Fernandez I, Hofmann A. EMDR for Depression: a systematic review of controlled studies. *Clinical Neuropsychiatry* 2017; 14: 306-312

Hase M, Balmaceda UM, Ostacoli L, Liebermann P, Hofmann A. The AIP Model of EMDR Therapy and Pathogenic Memories. *Frontiers in Psychology – Psychology for Clinical Settings* September 2017 | Volume 8 | Article 1578. doi: 10.3389/fpsyg.2017.01578

Maslovaric G, Zaccagnino M, Mezzaluna C, Perilli S, Trivellato D, Longo V, Civilotti C. The Effectiveness of Eye Movement Desensitization and Reprocessing Integrative Group Protocol with Adolescent Survivors of the Central Italy Earthquake. *Frontiers in Psychology – Psychology for Clinical Settings* October 2017 | Volume 8 | Article 1826. doi: 10.3389/fpsyg.2017.01826.

Carletto S, Borsato T, Pagani M. The Role of Slow Wave Sleep in Memory Pathophysiology: Focus on Post-Traumatic Stress Disorder and Eye Movement Desensitization and Reprocessing. *Frontiers in Psychology – Psychology for Clinical Settings* November 2017 | Volume 8 | Article 2050. doi: 10.3389/fpsyg.2017.02050

Pagani M, Amann BL, Landin-Romero R, Carletto S. EMDR and Slow Wave Sleep: a putative mechanism of action. *Frontiers in Psychology – Psychology for Clinical Settings* October 2017 | Volume 8 | Article 1935. doi: 10.3389/fpsyg.2017.01935

Pagani M, Carletto S. EMDR and Slow Wave Sleep: a putative mechanism of action. *Clinical Neuropsychiatry* 2017; 14(5): 299-303

Carletto S, Pagani M. El impacto neurobiológico de EMDR en el cáncer. *Journal of EMDR Practice and Research* 2017; 11(3): 92-101

Onofri A. EMDR beyond PTSD, *Clinical Neuropsychiatry* 2017; 14(5): 299-300

Carletto S, Pagani M. Corrélats neurobiologiques des traumatismes et de l'état de stress post-traumatique. In: Tarquinio C, Brennsthul M., Delluci H, Iracane M, Rydberg, J, Silvestre M & Zimmermann E (Eds). *Pratique de la psychothérapie EMDR*. Paris: Dunod. 2017: 165-176

Carletto S, Pagani M. Corrélats neurobiologiques de la thérapie EMDR: résumé des études de neuro-imagerie fonctionnelle et structurelle. In: Tarquinio C, Brennsthul M., Delluci H, Iracane M, Rydberg, J, Silvestre M & Zimmermann E (Eds). *Pratique de la psychothérapie EMDR*. Paris: Dunod. 2017: 219-234

2016

Novo P, Landin-Romero R, Guardiola-Wanden-Berghe R, Moreno-Alcázar M, Valiente-Gómez A, Lupo W, García F, Fernández I, Perez V, Amman BL. 25 years of Eye Movement Desensitization and Reprocessing (EMDR): The EMDR therapy protocol, hypotheses of its mechanism of action and a systematic review of its efficacy in the treatment of post-traumatic stress disorder. *Revista de Psiquiatria y Salud Mental* 2016; 11(2):101-114

Hofmann A, Hase M, Liebermann P, Ostacoli L, Lehnung M, Ebner F, Rost C, Luber M, Tumani V. DeprEnd©—EMDR Therapy Protocol for the Treatment of Depressive Disorders. In Luber M (Eds). *Eye Movement Desensitization and Reprocessing (EMDR) Therapy Scripted Protocols and Summary Sheets. Treating Anxiety, Obsessive-Compulsive, and Mood-Related Conditions*. New York, NY: Springer Publishing Co. 2016: 290-323

Rimini D, Molinari F, Liboni W, Balbo M, Darò R, Viotti E, Fernandez I. Effect of Ocular Movements during Eye Movement Desensitization and Reprocessing (EMDR) Therapy: A Near-Infrared Spectroscopy Study. *PLoS ONE* 2016; 10: e0164379. doi:10.1371/journal.pone.0164379

Castelli Gattinara P, Onofri A, Angelini A. The EMDR Approach used as a Tool to provide psychological help to Refugees and Asylum Seekers. In Nickerson M (Eds). EMDR as a culturally attuned psychotherapy. Springer, New York. 2016: 129-146

Carletto S, Borghi M, Bertino G, Oliva F, Cavallo M, Hofmann A, Zennaro A, Malucchi S, Ostacoli L. Treating Post-traumatic Stress Disorder in Patients with Multiple Sclerosis: A Randomized Controlled Trial Comparing the Efficacy of Eye Movement Desensitization and Reprocessing and Relaxation Therapy. *Frontiers in Psychology – Psychology for Clinical Settings* April 2016 | Volume 7 | Article 526. doi: 10.3389/fpsyg.2016.00526

Faretta E, Borsato T, Civilotti C, Fernandez I, Pagani M. EMDR and CBT: a comparative clinical study with cancer patients. *Journal of EMDR Practice & Research* 2016; 10(3): 215-227

Carletto S, Pagani M. Neurobiological Impact of EMDR therapy in Cancer. *Journal of EMDR Practice and Research* 2016; 10(3):153-161

2015

Pagani M, Di Lorenzo G, Monaco L, Daverio A, Giannoudas I, La Porta P, Verardo AR, Niolu C, Fernandez I and Siracusano A. Neurobiological response to EMDR therapy in clients with different psychological traumas. *Frontiers in Psychology – Psychology for Clinical Settings* October 2015 | Volume 6 | Article 1614. doi: 10.3389/fpsyg.2015.01614

Trentini C, Pagani M, Fania P, Speranza AM, Nicolais G, Sibilia A, Inguscio L, Verardo AR, Fernandez I, Ammaniti M. Neural processing of emotions in traumatized children treated with EMDR therapy: a hdEEG study. *Frontiers in Psychology – Psychology for Clinical Settings* November 2015 | Volume 6 | Article 1662. doi: 10.3389/fpsyg.2015.01662

Faretta E (Eds). Trauma and Illness: EMDR in psychoncology. Mimesis Edizioni, Milano. 2015

Triscari MT, Faraci P, Catalisano D, D'Angelo V, Urso V. Effectiveness of cognitive behavioral therapy integrated with systematic desensitization, cognitive behavioral therapy combined with eye movement desensitization and reprocessing therapy, and cognitive behavioral therapy combined with virtual reality exposure therapy methods in the treatment of flight anxiety: a randomized trial. *Neuropsychiatr Dis Treat* 2015; 7(11):2591-2598

Boccia M, Piccardi L, Cordellieri P, Guariglia C, Giannini AM. EMDR therapy for PTSD after motor vehicle accidents: meta-analytic evidence for specific treatment. *Frontiers Human Neuroscience* April 2015 | Volume 9 | Article 213. doi: 10.3389/fnhum.2015.00213

Farina B, Imperatori C, Quintiliani MI, Castelli Gattinara P, Onofri A, Lepore M, Brunetti R, Losurdo A, Testani E, Della Marca G. Neurophysiological correlates of eye movement desensitization and reprocessing sessions: preliminary evidence for traumatic memories integration. *Clin Physiol Funct Imaging* 2015; 35(6): 460-468

Onofri A, La Rosa C. Il lutto: psicoterapia cognitivo-evoluzionista e EMDR. Giovanni Fioriti Editore. 2015: 1-332

Carletto S, Pagani M. Neurobiological impact of EMDR in cancer. In Faretta E (Eds) Trauma and illness: EMDR in psychoncology. Milano-Udine: MIMESIS. 2015: 49-64

2014

Novo P, Landin-Romero, Radua J, Vicens V, Fernandez I, Garcia F, Pomarol - Clotet, McKenna P, Shapiro F, Amann B. Eye movement desensitization and reprocessing therapy in subsyndromal bipolar patients with a history of traumatic events: A randomized, controlled pilot-study. *Psychiatry Research* 2014; 219: 122–128

Fernandez I, Callerame C, Maslovaric G, Wheeler K. EMDR Europe Humanitarian Programs: Development, Current Status, and Future Challenges. *Journal of EMDR Practice and Research* 2014; 8(4): 215-224

Onofri A, Gattinara P, Ciolfi A, Lepore M, Ventriglia S. L'approccio EMDR in un servizio di aiuto psicologico per rifugiati e richiedenti asilo a Roma. *Psicobiattivo* 2014; 1

Hofmann A, Hilgers A, Lehnung M, Liebermann P, Ostacoli L, Schneider W, Hase M. Eye Movement Desensitization and Reprocessing as an adjunctive treatment of unipolar depression: a controlled study. *Journal of EMDR practice and research* 2014; 8(3): 103-112

Carletto S, Pagani M. Impatto neurobiologico dell'EMDR nelle patologie oncologiche. In Faretta E (Eds). Trauma e malattia – L'EMDR in psiconcologia. Milano-Udine: MIMESIS. 2014: 53-68

2013

Pagani M, Hogberg G, Fernandez I, Siracusano A. Correlates of EMDR therapy in functional and structural neuroimaging: A critical summary of recent findings. *Journal of EMDR Practice and Research* 2013; 7(1): 29-38

Capezzani L, Ostacoli L, Cavallo M, Carletto S, Fernandez I, Solomon R, Pagani M, Cantelmi T. EMDR and CBT for Cancer Patients: Comparative Study of Effects on PTSD, Anxiety, and Depression. *Journal of EMDR Practice and Research* 2013; 7(3): 134-143

Maslovaric G, Zambon V, Balbo M, Fernandez I, Piola P. Acute Post-Traumatic Stress Reactions in Children Survivors of a Large Road Traffic Accident: Epidemiological Analysis and Eye Movement Desensitization and Reprocessing Treatment. *Journal of Trauma and treatment* 2013; S4.doi: 10.4172/2167-1222.S4-001

2012

Faretta E. EMDR and Cognitive-Behavioural Therapy in the treatment of Panic Disorder: a comparison. *Rivista di Psichiatria* 2012; 47(S2): 19-25

Arnone R, Orrico A, D'aquino G, Di Munzio W. EMDR and psychopharmacological therapy in the treatment of the post-traumatic stress disorder. *Rivista di Psichiatria* 2012; 47(S2): 8-11

Bossini L, Casolaro I, Santarnecchi E, Caterini C, Koukouna D, Fernandez I, Fagiolini A. Evaluation study of clinical and neurobiological efficacy of EMDR in patients suffering from post-traumatic stress disorder. *Rivista di Psichiatria* 2012; 47(S2): 12-15

Fernandez I, Giovannozzi G. EMDR and adaptive information processing. Psychotherapy as a stimulation of the self-reparative psychological processes. *Rivista Psichiatria* 2012; 47(S2): 4-7

Onofri A. EMDR in Psychiatry. *Rivista di Psichiatria* 2012; 47(S2): 1-3

Fernandez I., EMDR – un approccio integrato e integrante. *Quaderno dell'Istituto di Psicoterapia del Bambino e dell'Adolescente* 2012; 36: Luglio-Dicembre

Pagani M, Di Lorenzo G, Verardo AR, Nicolais G, Monaco L, Lauretti G, Russo R, Niolu C, Ammaniti M, Siracusano A and Fernandez I. Neurobiology of EMDR – EEG imaging of treatment efficacy. *PLOS ONE* 2012; 7: e45753.

Pagani M, Di Lorenzo G, Verardo AR, Nicolais G, Monaco L, Niolu C, Fernandez I, Siracusano A. Neurobiological substrate of EMDR therapy. *Rivista di Psichiatria* 2012; 47(S2): 16-18

Pagani M. EMDR e cervello. Correlati funzionali e strutturali. In Bottaccioli F (Eds). *Stress e Vita. La scienza dello stress e la scienza della salute alla luce della Psiconeuroendocrinoimmunologia*. Milano: Tecniche Nuove, 2012: 433-439

2011

Fernandez I, Maslovaric G, Galvagni M. Traumi psicologici, ferite dell'anima. Il contributo della terapia con EMDR. Liguori Editore. 2011: XII-259

Pagani M, Di Lorenzo G, Verardo AR, Nicolais G, Monaco L, Lauretti G, Cogolo P, Niolu C, Ammaniti M, Siracusano A and Fernandez I. Pre- intra- and post-treatment EEG imaging of EMDR – Methodology and preliminary results from a single case. *Journal of EMDR Practice and Research* 2011; 5(2): 42-56

Miti G, Onofri A. La psicoterapia dei disturbi dissociativi: dalle tecniche cognitivo-comportamentali all'approccio EMDR. *Cognitivismo Clinico* 2011; 8(1): 73-91

2010

Nardo D, Högberg G, D, Looi J, Larsson SA, Hällström T, Pagani M. Grey matter changes in posterior cingulate and limbic cortex in PTSD are associated with trauma load and EMDR outcome. *Journal of Psychiatry Research* 2010; 44: 477-485

Frustaci A, Lanza, GA, Fernandez, I, di Giannantonio M, Pozzi G. Changes in Psychological Symptoms and Heart Rate Variability During EMDR Treatment: A Case Series of Subthreshold PTSD. *Journal of EMDR Practice and Research*, 2010; 4(1): 3-11

Simonetta E (Eds). *Esperienze traumatiche di vita in età evolutiva*. Franco Angeli. 2010

Riberto S, Fernández I, Furlani F, Vigorelli M. Therapeutic alliance in cognitive-constructivist treatment and in Eye Movement Desensitization and Reprocessing (EMDR) | L'alleanza terapeutica nel trattamento cognitivo-costruttivista e nell'Eye Movement Desensitization and Reprocessing (EMDR). *Psicoterapia Cognitiva e Comportamentale* 2010; 16(1): 85-101

Onofri A. Pensare la mente del padre. Psicoterapia Cognitiva orientata dalla Teoria dell'Attaccamento e approccio EMDR: un caso clinico di Disturbo Ossessivo – Compulsivo. In Onnis L (Eds). Attaccamento. Una teoria ponte per la psicoterapia. Bollati Boringhieri. 2010

2008

Högberg G, Pagani M, Sundin Ö, Soares J, Åberg-Wistedt A, Tärnell B and Hällström T. Treatment of post-traumatic stress disorder with eye movement desensitization and reprocessing: Outcome is stable in 35-month follow-up. *Psychiatry Research* 2008; 159: 101-108

2007

Fernandez I, Faretta E. Eye Movement Desensitization and Reprocessing in the Treatment of Panic Disorder with Agoraphobia. *Clinical Case Studies* 2007; 6(1): 44–63

Fernandez I. EMDR as treatment of Post-traumatic reactions: a field study on children victims of an earthquake. *Educational and Child Psychology, The British Psychological Society* 2007; 24(1): 65-72

Pagani M, Högberg G, Salmaso D, Nardo D, Tärnell B, Jonsson C, Soares J, Åberg-Wistedt A, Jacobsson H, Hällström T, Larsson SA and Sundin Ö. Effects of EMDR psychotherapy on ^{99m}Tc-HMPAO distribution in occupation-related Post-Traumatic Stress Disorder. *Nuclear Medicine Communications* 2007; 28: 757-765

Högberg G, Pagani M, Sundin O, Soares J, Aberg-Wistedt A, Tärnell B, Hällström T. On treatment with eye movement desensitization and reprocessing of chronic post-traumatic stress disorder in public transportation workers--a randomized controlled trial. *Nord J Psychiatry.* 2007; 61: 54-61

2006

Balbo M : EMDR, uno strumento di dialogo per le psicoterapie. McGraw-Hill, Milano. 2006

2005

Fernandez I, Gallinari E, Lorenzetti A. A School-based EMDR intervention for children who witnessed the Pirelli Building airplane crash in Milan, Italy. *Journal of Brief Therapy* 2015; 2: 129-136.

2003

Fernandez I, Maxfield L, Shapiro F. The contribution of EMDR to Psychotherapy in Psychotraumatology and emergency psychology. In Giannantonio M (Eds). Salerno: Ecomind. 2003 112-136

2002

Fernandez I. Lardo T, Troiano M. Modalità e tecniche psicologiche operative, in Psicologia dell'Emergenza. In Lo Iacono A, Troiano M (Eds). Editori Riuniti. 2002 pag 75-87

2001

Fernandez I. Il contributo dell'EMDR alla Psicoterapia. *Psicoterapia Cognitiva e Comportamentale* 2001; 7(3) pag. 50-58